



## *LIVING RESONANCE*

.....DISCOVERING NEW DIMENSIONS  
TO LIFE

[WWW.LIVING-RESONANCE.COM](http://WWW.LIVING-RESONANCE.COM)

I am currently undertaking a three-year Professional Shamanic Practitioner training at the Sacred Trust, UK. I practice and teach alternative healing modalities such as Reiki, Shamanic Reiki, Shamanic Healing, Theta Healing and Traditional Thai massage. Part of the Shamanic Practitioner Training is the Shamanic Counseling component which is based on a simple yet powerful ancient method our great ancestors had used for divination and to find the answers to our lives' most pressing questions.

I am looking for individuals who would like to experience shamanic work in particular shamanic counseling for free as a client while I am in training. This would allow me to perfect my information delivery and shamanic skills during this period.

As a client you will be asked to commit to 6 sessions of approximately 1-2 hours for each session. The sessions will be recorded without revealing your identity and will be used purely for training purposes only. You will receive a copy of all the recordings and all my copies will be destroyed once the evaluation of these sessions has been carried out by the faculty members of the Sacred Trust.

Jacqueline Teoh  
+41 79 285 86 31  
Email: info@living-resonance.com

## Shamanic Counselling Consent Form For New Clients

### Instructions for Clients:

- 1) Typically there will be six sessions to complete the process
- 2) No alcohol or mind-altering substances within 24 hours of each session
- 3) You will be given your session recording and notes and are requested to review them at least once before the next session.
- 4) Bring a notebook to record your journeys in written form.
- 5) Do not journey between appointments.

Shamanic counselling is a spiritual method; a system that follows ancient principles of shamanism, rather than those of psychology or of other Western systems. It is not derived from one specific cultural or ethnic tradition, but is based on cross-cultural principles and especially adapted for use in contemporary society. The method of spiritual counselling has as its goal life-enlightenment, not the treatment of psychopathology. It is a problem solving system for discovering one's own spiritual power and the wisdom to deal successfully with daily life.

*I have read the above discussion and have had the opportunity to discuss it. I understand that shamanic counselling is a system of spiritual counselling and is not psychotherapy. I am undertaking sessions with **Jacqueline Teoh** - a student in training - with that understanding.*

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Signature

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Date